



MEET OUR TEAM

Bambi Schmid - School Nutrition Director - Trinity and Lincoln Lutheran

David Kumm - Principal - Trinity

Bryan Claycomb - Parent - Trinity

Cheryl Weimer - Parent, School Board Member - Trinity

Wendy Wettstead - Parent - Lincoln Lutheran

Peg Aschwege - Director of Marketing and Communication - Lincoln Lutheran

Stacy Leimbach - Teacher - Trinity

Alex Halvorsen - Student - Lincoln Lutheran

Seth Stowell - Student - Lincoln Lutheran

TRIENNIAL WELLNESS ASSESSMENT RESULTS 2023

1. POLICY COMPLIANCE RESULTS

Nutrition Education: Established a school garden. Nutrition education signage displayed in cafeteria.

Nutrition Promotion: We allow sufficient time to eat. All foods served meet Smart Snack guidelines.

Physical Activity: Daily recess + PE classes.

Public Notification: Parents will be provided list of Smart Snack approved items annually.

2. WELLNESS POLICY GOALS

Nutrition Education/Promotion: Reinstate Try-Its. Include Nutrition Education once a month in Newsletter. Use of local foods and Farm to School Program.

Physical Activity: Consider adding an after-school fitness or sport club.

Other Goals: Policy to be reviewed annually by School Board. Wellness Policy and meeting minutes posted /shared with stakeholders.

3. KEY ACHIEVEMENTS

- Quarterly Wellness Committee meetings were held.
- Completed the triennial assessment and shared results.
- Established plans for programs in 2023-24



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